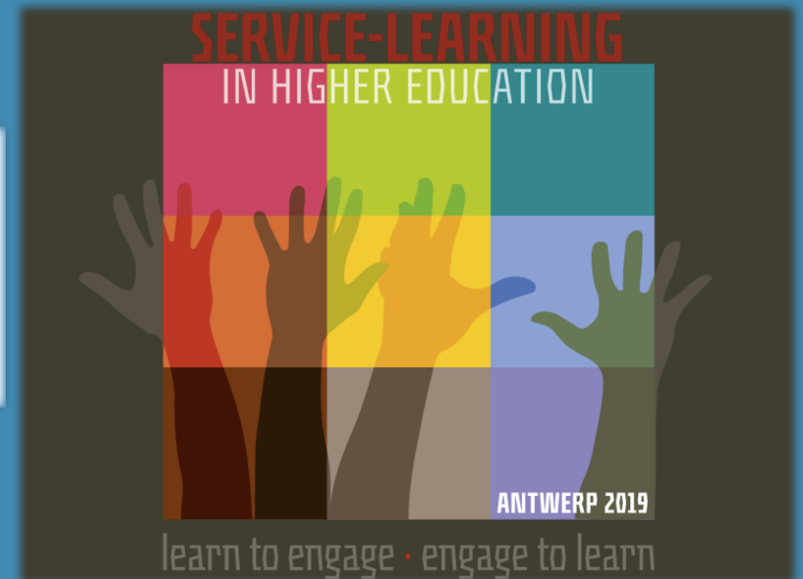


# ENGAGE, INSPIRE, TRANSFORM VOLUNTEER WORKSHOP



DISCOVER THE ACTIVE VOLUNTEER DISPOSITION \* REVOLUTIONIZE VOLUNTEER IMPACT

For Volunteers and Volunteer Advocates



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Shelli Ann Garland— Facilitator  
Date 20/09/2019  
11:30am – 1pm

## ABOUT ME

- Shelli Ann Garland - PhD Candidate @ Trinity College Dublin
  - School of Education
  - CAVE (Cultural, and Academic Values in Education ) Research Centre
- PhD thesis – [in examination] – Viva Voce 22/11/2019
- TITLE: *“Finding Volunesia: An Exploration of How Volunteer Identity and Volunteer Learning Through the Life Course Transforms Participants and Develops Enduring Leaders”*
- – Submitted by Shelli Ann Garland 2019 for the degree of Doctor in Philosophy, School of Education, Trinity College Dublin



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# WHAT IS VOLUNESIA?

*"That moment when you forget you're volunteering to help change lives, because it's changing yours." (FIMRC 2017)*

- Volunesia: a 'feeling' that you get from volunteering and the reciprocal transformation that elicits the idea of gradual change that leads to transformation (Garland, 2019).
- Research explored: The lived-experiences of active volunteers in Ireland post-tertiary education and the relationship between informal learning and identity through socially defined influences and experiences of family, environment, customs, and lifestyle to gain insight and understanding of volunteer identity and learning as informal learning over the life course. Through an inductive approach that adopts social identity theory and lifelong learning theory, this research is underpinned by a constructivist interpretive paradigm. Such an approach is qualitative, holistic and aims to understand and explain the personal ways individuals relate volunteering with their identity, learning as part of their volunteer experience, and understanding identity through learning.
- Findings and Contribution:
  - Active Volunteer Dispositions (AVD's)
  - Active reflection is key for learning through volunteering



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## PERSONAL VOLUNTEER PERSPECTIVE

- What is Volunteering?
- *“Something that you make a voluntary, conscious choice to do, as an individual and of your own free will, and not for monetary gain; for the service of another person, group or organization not related to you” (Garland, 2019 p23)*



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# VOLUNTEER ADVOCATE PERSPECTIVE

- Organizations
- Universities
- Coordinators
- Engagement Officers
- Teachers
- Anyone in a position of responsibility, teaching training or mentoring role, or anyone who desires to offer encouragement and support to others interested in volunteering.
- Today's aims are provided for you on the agenda
  - Outcomes for the typical attendee i.e: volunteer
  - Outcomes for the volunteer advocates/facilitators



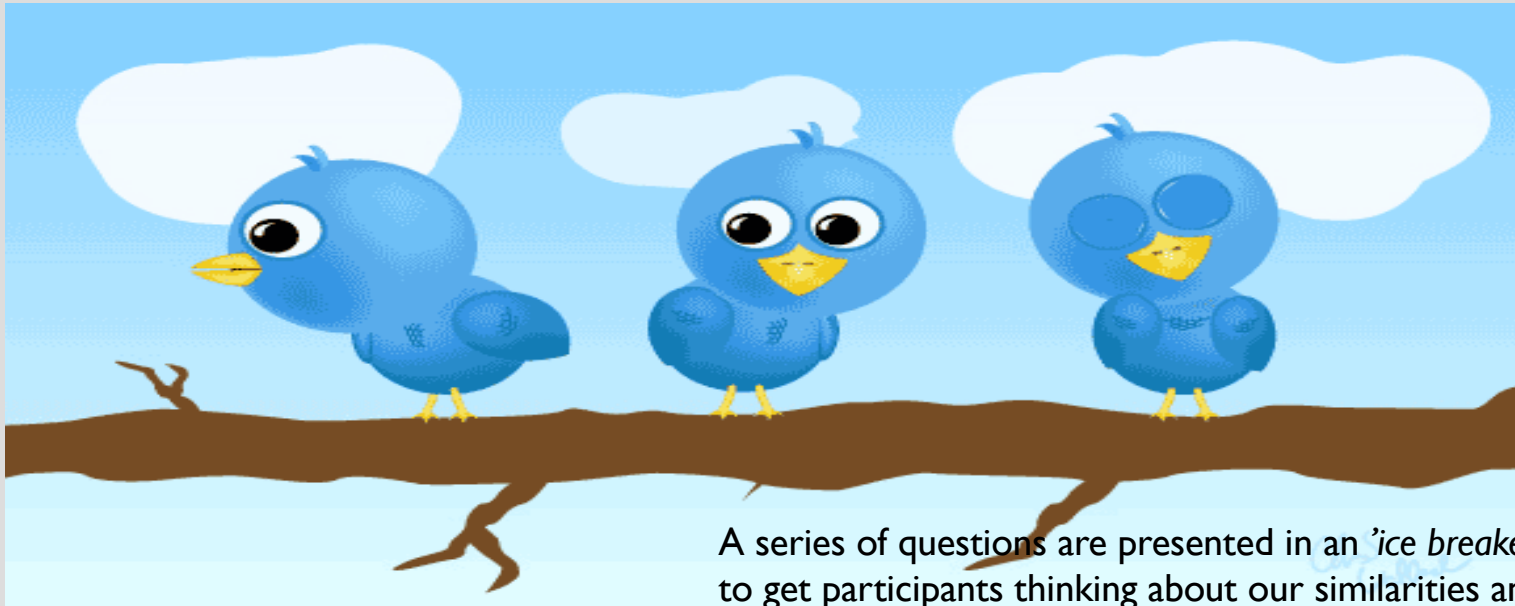
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ARE YOU READY TO GET STARTED?



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## ACTIVITY– ARE YOU MORE LIKE?



A series of questions are presented in an 'ice breaker' group activity to get participants thinking about our similarities and differences are from others. Please email me for details about this activity and how it can be used in a volunteer workshop to get participants thinking about their identity, perspectives, and personal disposition related to volunteer satisfaction.



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## TRUE COLORS QUIZ - DISCUSSION



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## TRUE COLORS QUIZ

- True Colors is a metaphor
  - Each person is a unique blend of the four colors or styles – a spectrum.
  - There are no bad or good colors
  - There are wide individual variations within each color spectrum.
- The True Colors Quiz was developed by Don Lowry and models the work of Isabel Briggs-Myers, Katherine Briggs and David Keirsey. It is not as comprehensive as the Myers/Briggs Type Indicator and works well for workshop activities to facilitate deeper understanding of the self and communication with others as social beings.
- This quiz and discussion activity aims to encourage self-reflection and awareness of participant's unique personal characteristics and dispositions and how understanding these can be useful for finding volunteer activities that are most satisfying to the personal and social self – resulting in volunteer sustainability for organizations, etc.
- Participant Outcomes:
  - Participants will discover qualities and characteristics of their own particular personality style or type and how this may reflect on their volunteer disposition.
  - Participants will gain an understanding of other personality styles and how they may interact with others.

# WHO DO YOU THINK YOU ARE?

Respond at **Pollev.com/shellianngar019**

Text **SHELLIANNGAR019** to **22333** once to join, then **A, B, C, or D**

- [Live Poll](#)

This poll and discussion section is based on the findings of my research. For more information, Please email me.



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## ACTIVE VOLUNTEER DISPOSITIONS (AVD)

*The Guide* – is driven by the need for authentic relationships with strong affiliations toward building and maintaining genuine relationships with others. Inclusion of others and a desire to feel personally included is important to *The Guide*, and they put a very high value on teamwork, educating, teaching and learning.

### The Guide



*The Champion* feels strongly and passionately about defending people or causes that they believe in. They are very pragmatic and have a strong affiliation with seeking truth, justice and rights for others.

### The Champion



### The Idealist



*The Idealist* – is driven by the desire for meaning and purpose in their life with strong affiliations toward doing good for others, being a good person and interacting gently with others. They would rather work alongside others rather than lead.

### The Executive



*The Executive* – volunteer disposition is driven by their sense of duty and responsibility. They have a strong affiliation with being devoted, highly organized, professional leaders for others.

## WHAT'S YOUR AVD?

- ☐ tutors
- ☐ educators
- ☐ mentors
- ☐ youth leaders
- ☐ counselors
- ☐ mediators



THE GUIDE

- ☐ Personal carers
- ☐ community or social advocates
- ☐ fundraising and event planning



THE IDEALIST

- ☐ Political and social activists
- ☐ people or animal welfare
- ☐ Human Rights
- ☐ advocacy



THE CHAMPION

- ☐ boards and committees,
- ☐ formal organizations,
- ☐ administrative volunteer roles
- ☐ organizing and managing other volunteers at events



THE EXECUTIVE

(Garland, 2019)



## AHA'S AND URGES



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## REFERENCES

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